

School Lunch Menu

Spring Term 02/01/17

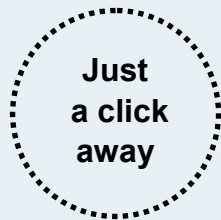


Important information: Food allergies

City Catering Southampton are committed to providing a nutritious and safe meal for your child wherever possible.

However in order to do so we must ensure that our procedures are adhered to.

Please allow at least 2 weeks between registering the request and the commencement of the adjusted school meal provision. Please note that in all cases we will require evidence from a medical professional to ensure that we fully understand what is required.



Information on City Catering Southampton Menus.

citycateringsouthampton.co.uk



WEEK ONE

2.1.17, 23.1.17, 13.2.17, 6.3.17, 27.3.17

Tex mex fajita
Or
V Macaroni cheese
**

Seasonal vegetables of the day

WEEK TWO

9.1.17, 30.1.17, 20.2.17, 13.3.17

Beef lasagne
Or
V Veggie chow mein
**

Seasonal vegetables of the day

WEEK THREE

16.1.17, 6.2.17, 27.2.17, 20.3.17

Beef chilli & rice
Or
V Macaroni cheese
**

Seasonal vegetables of the day

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chicken chow mein
Or
V Veggie omelette
**

Seasonal vegetables of the day

Jacket
potato +
fillings
£1.80

Chicken & bacon pie
Or
V Veggie pasty
**

Seasonal vegetables of the day

Main meal with
pasta/potatoes
or rice &
vegetables
£1.80

Salad
selection
served daily

Pie of the day
Or
V Veggie enchilada
**

Seasonal vegetables of the day

Roast of the day
Or
V Veggie roast of the day
**

Seasonal vegetables of the day

Roast of the day
Or
V Veggie roast of the day
**

Seasonal vegetables of the day

Roast of the day
Or
V Veggie roast of the day
**

Seasonal vegetables of the day

Café Combo
choose
either a main
meal, filled
jacket, salad
box + piece of
fruit + milk or
water for
£2.20

Curry of the day
Or
V Vegetable curry of the day
**

Seasonal vegetables of the day

Curry of the day
Or
V Vegetable curry of the day
**

Seasonal vegetables of the day

Salad Box
£1.65

Curry of the day
Or
V Veggie curry of the day
**

Seasonal vegetables of the day

Fish & chips
Or
V Bean & vegetable bake & chips
**

Seasonal vegetables of the day

Fish cake & chips
Or
V Veggie burger & chips
**

Seasonal vegetables of the day

Sausage & chips
Or
V Veggie dippers & chips
**

Seasonal vegetables of the day

V = VEGETARIAN OPTION (Please note—all menus are subject to change)